

Alaska State WIC New Minimum Stock Requirements Effective April 1, 2010



Date:	Vendor #	Mgr Name:
Store Name:		Signature:
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Mailing		City, State
Address:		Zip:
Phone #:		Fax #:
		# of
E-mail:		Checkstands:
Provide the	following required Information for most recent 12 month period	d available. If unable to provide, please attach an explanation.
Total Retail		Total Food
Sales:		Sales: *
Primary		Delivery
Wholesaler:		Method(s):

Minimum stock requirements are divided by groups. Please identify which group your vendor belongs to.

Group A = 1-3 checkstands

Group B = 4-6 checkstands

Group C = 7 or more checkstands

If inventory is less than the minimum stock required, vendor must provide evidence of purchase at time of monitoring.

^{*} Include all sales of "food stamp eligible" food items

Table of Contents

CANNED FISH3
<u>CEREAL</u> 3
CHEESE6
DRY AND CANNED LEGUMES7
EGGS7
JUICE8
FRESH MILK11
LACTOSE FREE OR REDUCED MILK
POWDERED MILK
EVAPORATED MILK
UHT MILK13
PEANUT BUTTER
SOY BEVERAGE14
TOFU14
INFANT FORMULA
INFANT CEREAL
<u>INFANT MEATS</u> 16
INFANT FOODS (FRUITS AND VEGETABLES)
WHOLE GRAIN BREAD, BUNS, AND ROLLS18
WHOLE GRAIN TORTILLA AND BROWN RICE20
FRUITS AND VEGETABLES21

	Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory	
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Food items marked with a * are eligible for exemption request. Please fill out an Exemption Request Form.

CANNED FISH	CANNED FISH Any eligible brand May be regular or low sodium Canned Tuna: Size 6.25 oz can or less Plain only, packed in water No pouches, no albacore or white tuna Canned Pink Salmon 14.75 oz, 7.5 oz. or 5-6 oz. cans Skin and bones allowed	Can be a combination of containers of canned tuna, salmon, or sardines to meet total ounces required.	Tuna packed in water	6 or 6.25 ozoz (write in)	\$ \$ (highest price)	# of cans
		Group A: Must total 90 oz. (for example: 15 (6 oz) cans)	Canned pink salmon	14.75 oz can 7.5 oz can 5-6 oz can	\$ \$ (highest	# of cans
	Canned Sardines 3.75 or 15 oz. cans Water or oil packed Added flavors allowed Skin and bones allowed	oz. (for example: 25 (6 oz) cans) Group C: Must total 450 oz. (for example: 75 (6oz) cans)	Canned sardines	3.75 oz can 15 oz can	\$ \$ (highest price)	# of cans

CEREAL	Please see description box to the right for eligible brands. Minimum package size is 12 oz for cold cereal	At least 2 kinds of cold cereal and 1 kind of hot cereal.	COLD: General Mills Multigrain Cheerios, WG	12.8 oz 16.2 oz	\$ # of boxes	
	Minimum package size is 11.8 oz for hot cereal No single serving boxes or packets except Quaker Instant Oatmeal & Instant Cream of Wheat	Minimum package size is 11.8 oz for hot cereal No single serving boxes or packets except	Minimum package size is 11.8 oz for hot cereal No single serving boxes or packets except No single serving boxes or packets except At least one of these must be Whole Grain (WG).	COLD: Quaker Life, plain, WG	15 oz 21 oz	\$ # of boxes
		Group B: 36 boxes	COLD: General Mills Honey KIX, WG	12 oz	\$ # of boxes	
		Group C: 72 boxes	COLD: Post Banana Nut Crunch, WG	15.5 oz	\$ # of boxes	
			COLD: Post Honey Bunches of Oats with Vanilla Clusters, WG	18 oz	\$ # of boxes	

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
CEREAL continued For requirements, please se	For requirements, please see page 2	For minimum stock requirements, please see	COLD: Post Grape Nuts Flakes, WG	14 oz 18 oz	\$	 # of boxes
		page 2.	COLD: General Mills Rice Chex gluten free	12.8 oz 14 oz	\$	# of boxes
			COLD: Flavorite Oat Squares	15 oz 21 oz	\$	# of boxes
			COLD: Store brand Corn Flakes (<u>Please circle</u> : Flavorite, Fred Meyer/Kroger, Great Value, IGA, Ralston, Safeway, or Western Family)	oz (write in)	\$	# of boxes
			COLD: Store brand Crispy Rice (<u>Please circle</u> : Flavorite, Fred Meyer/Kroger, IGA, Malt-O-Meal, Ralston, Safeway, Great Value, or Western Family)	oz (write in)	\$	# of boxes
			COLD: Store brand Bran Flakes (<u>Please circle</u> : Flavorite, Ralston, Safeway, Great Value, or Western Family)	oz (write in)	\$	# of boxes
			COLD: Store brand Honey Oats/ Oats and Almond cereals: (<u>Please circle:</u> Flavorite, Fred Meyer, Safeway, Western Family, Malt – O-Meal)	oz (write in)	\$	# of boxes
			COLD: Store brand Frosted Shredded Wheat – mini and whole grain (<u>Please circle</u> : Flavorite, Fred Meyer/Kroger, IGA, Ralston, Safeway, Western Family, or Malt- O-Meal Frosted Mini-Spooners) WG	oz (write in)	\$	# of boxes

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
CEREAL continued	For requirements, please see page 2	For minimum stock requirements, please see page 2.	COLD: Store brand Toasted Oats: (<u>Please circle:</u> Flavorite, Fred Meyer, Great Value, Western Family, or Ralston Tasteeos)	oz (write in)	\$	# of boxes
			HOT: Store Brand Regular Instant Oatmeal (<u>Please circle:</u> Ralston or Western Family)	11.8 oz 11.8 oz	\$	# of boxes
			HOT: Cream of Wheat Whole Grain Stove Top 2 ½ min (blue box), WG	18oz	\$	# of boxes
			HOT: Cream of Wheat Original 2- 1/2 Minute (red box), 1 Minute (white box), Instant (individual packages), or 10 Minute (yellow box)	12.5 oz 28 oz	\$	# of boxes
			HOT: Malt O Meal – original only	28 oz 36 oz	\$	 # of boxes
			HOT: Quaker Instant Oatmeal – regular	11.8 oz	\$	# of boxes
			HOT: Quaker Instant Grits Whole Grain	12 oz	\$	# of boxes

	Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory	
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CHEESE	16 oz. (1lb) size required, 32 oz. (2lb) size optional. American, Cheddar, Colby, Colby-Jack, Kraft Deluxe American loaf, Monterey Jack, mozzarella, and Swiss Blends of above cheese are allowed	Group A: 12 (1 lb) loaves	Please provide LEAST EXPENSI	VE Brand Name		
		Group B: 24 (1 lb) loaves	American	1lb 2 lb	\$ \$	 # of loaves
		Group C: 48 (1 lb) loaves				# OI loaves
	Low fat, low sodium No cheese food, product, or spread		Cheddar (mild or medium only)	1lb	\$	
	No shredded, grated, string, sharp or extra sharp, imported, deli, organic, soy, goat, or			2 lb	\$	# of loaves
	raw		Colby	1lb	\$	
	Only sliced cheese allowed is American (can be individually wrapped)			2 lb	\$	
No cheese with flavorings or added ingredients					# of loaves	
	No organic		Colby-Jack	1lb 2 lb	\$	
				2 10	Ψ	# of loaves
			Monterey Jack	1lb	\$	
				2 lb	\$	
				<u> </u>		# of loaves
			Mozarella (block or ball)	1lb 2 lb	\$	
				2 10	Ψ	# of loaves
			Swiss	1lb	\$	
				2 lb	\$	
			1/ (1D 1 A · · · ·	411		# of loaves
			Kraft Deluxe American Loaf	1lb 2 lb	\$	
				2 10	Ψ	
						# of loaves

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
DRY AND CANNED LEGUMES	Any type/brand, mature legumes and peas, lentils, etc. or mixed Regular or low sodium No bulk or organic No bean soups No added seasoning No added sugars, fats, oils, or meat as purchased No immature varieties of green peas, green beans, snap peas, orange beans, or wax beans, pork and beans, beans containing added sugars, fats, meats, or oils. Baked beans only when listed on warrant. 15.5 oz. cans can be stocked as long as the minimum amounts of 16 oz. cans are available.	Group A: 3 # dry	Dry Beans, Peas, Lentils Canned Beans	1 lb	\$ (highest price) \$ (highest price)	#of dry packages of 16 oz. cans
EGGS	Any eligible brand 12 egg carton White, whole, chicken eggs, small, medium, or large Group A stores may stock Ova Easy dried eggs No specialty eggs (Eggland's Best, Naturally-nested, free range, or organic) No extra large or jumbo No brown eggs or low cholesterol	Group A: 12 dozen Dried eggs allowed if fresh eggs are not available. Each 4 oz. package equals one dozen eggs Group B: 24 dozen Group C: 48 dozen	Eggs (small, medium or large) Ova Easy dried eggs	1 dozen 4oz pkg	\$ \$ (highest price)	# of packages # of packages

						invento
Only approved brands as listed in Description section (to the right) Frozen Juices: 11.5 oz, 12oz, or 16 oz. No natural or artificial sweeteners added	Group A: 18 (46-48 oz) cans <u>or</u> (12 oz) frozen cans AND	FROZEN Concentrate Apple Juice (Flavorite, Fred Meyer, Great Value, IGA, Safeway, Seneca, Treetop, or Western Family) FROZEN Orange Juice – Types	12 oz 16 oz 12 oz	\$ \$	# of cans	
	No glass containers Shelf Stable Juices: 46 oz cans (46 oz plastic bottle approved for Grape juice only) 64 oz. plastic bottles	12 (64 oz) plastic containers or (16 oz) frozen cans Group B: 30 (46-48 oz) cans or (12	allowed: Regular, Pulp Free, Added Pulp, Country Style, Low Acid, Calcium Fortified. (Flavorite, Fred Meyer, Great Value, IGA, Minute Maid (blends allowed), Safeway, or Western Family)	16 oz	\$	# of cans
Pourable Concentrates: For women only Must be pasteurized, 100% unsweetened fruit or vegetable juice 11.5 oz size Any flavor Juicy Juice	30 (46-48 62) cans or (12 oz) frozen cans AND 20 (64 oz) plastic containers or (16 oz)	FROZEN Grapefruit Juice - Types Allowed: Regular, White, Pink, or Ruby types . (Great Value, Minute Maid, IGA, Safeway, Western Family, or Fred Meyer)	12 oz	\$		
	Any flavor Welch's	frozen cans Group C: 60 (46-48 oz) cans or (12 oz) frozen cans	FROZEN Pineapple Juice – Dole (100% Juice Blends allowed)	12 oz	\$	# cans
			FROZEN Grape Juice – white, purple, or blends. Welch's (yellow pull strip only) or Western Family	11.5 oz 12 oz	\$	 # of cans
	AND 40 (64 oz) plastic containers or (16 oz)	FROZEN Juice Blends – any flavor (100% juice). Dole or Orchard brands.	12 oz	\$	# cans	
	frozen cans	CANNED Apple Juice (Great Value, Seneca Treetop, or Western Familiy)	46 oz	\$	# cans	
		CANNED Orange Juice – Types allowed: Regular, Pulp Free, Added Pulp, Country Style, Low Acid, Calcium Fortified. (Flavorite, Great Value, Safeway, or Western Family)	46 oz	\$		

Quantities required to stock

Description

Size

Please

Price

indicate

current

Food Item

Requirements

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory	
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JUICE continued	For requirements, please see page 7.	For stocking requirements, please see page 7.	CANNED Grapefruit Juice – Types Allowed: Regular, White, Pink, or Ruby types. (Great Value, IGA, Kroger, Safeway, Texsun, or Western Family)	46 oz	\$ # of cans
			CANNED Pineapple Juice (Dole, Fred Meyer, Great Value, IGA, Safeway, or Western Family)	46 oz	\$ # of cans
			CANNED: Grape Juice: White, purple or purple, NO BLENDS. IGA, Safeway, Flavorite, Western Family, or Welch's (Welch's Plastic OK)	46 oz	\$ # of
			CANNED Tomato Juice: Types allowed: Regular, Low Sodium, or Spicy. (Campbells Tomato, Flavorite, Fred Meyer, Great Value, IGA, Safeway, or Western Family)	46 oz	\$ # of cans
			CANNED Vegetable Juice: Campbells V8 (Regular or Ess. Antioxidants) or Flavorite Fred Meyer, Great Value, IGA, Safeway, or Western Family brands	46 oz	\$ # of cans
			PLASTIC Apple Juice (Great Value, Seneca Treetop, Western Family, Flavorite, or IGA)	64 oz	\$ # of containers
			PLASTIC Apple Cider (Flavorite or IGA)	64 oz	\$ # of containers
			PLASTIC Orange Juice – Types allowed: Regular, Pulp Free, Added Pulp, Country Style, Low Acid, Calcium Fortified. (Flavorite, Great Value, Safeway, or Western Family)	64 oz	\$ # of containers

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
JUICE Continued	For requirements, please see page 7.	For stocking requirements, please see page 7.	PLASTIC Grapefruit Juice - Types Allowed: Regular, White, Pink, or Ruby types. (Great Value, IGA, Kroger, Safeway, Texsun, Western Family, Langers Ruby Red, or Flavorite)	64 oz	\$	# of containers
			PLASTIC Pineapple Juice (Dole, Fred Meyer, Great Value, IGA, Safeway, or Western Family)	64 oz	\$	# of containers
			PLASTIC Grape Juice: White, or purple, NO BLENDS. (Welch's, IGA, Safeway, Flavorite, or Western Family)	64 oz	\$	# of containers
			PLASTIC Tomato Juice: Campbells Tomato (Regular or low sodium) or Flavorite Fred Meyer, Great Value, IGA, Safeway, or Western Family brands	64 oz	\$	# of containers
			PLASTIC Vegetable Juice: Types allowed: Regular, Low Sodium, or Spicy. Campbells V8 (Regular or Ess. Antioxidants) or Flavorite Fred Meyer, Great Value, IGA, Safeway, or Western Family brands	64 oz	\$	# of containers
			POURABLE CONCENTRATE: Juice Juice & Welch's 100% Juice, Any Flavor	11.5 oz	\$	# of containers

F	ood Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory	
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FRESH MILK *	Refrigerated unflavored cow's fluid milk Whole, Skim, Non fat, Lowfat, 1%, 2%,	Group A:	Please provid	de LEAST EXPEN	ISIVE Brand		
☐ Exemption Requested	Buttermilk, etc.	32 gallons (combination of ½ and 1 gallon sizes)	Fresh milk, whole	1 quart	\$		
	Least expensive brand and largest size available.	AND		½ gallon	\$		
State Office use:	Participants can purchase quart size	12 quarts		1 gallon	\$	# of containers	
☐ Approved	only when specified on warrants.	only when specified on warrants.	Must include at least				00//10//10/0
☐ Denied	Calcium or protein fortified allowed	nonfat/skim and whole milk varieties.	Fresh milk, low fat (2%)	1 quart	\$		
□ Denied	Buttermilk is a lowfat variety Lactose-free and Soy milk specified separately Goat's milk: Fresh fluid, evaporated, dry, UP and UHT. No organic or raw milk			½ gallon 1 gallon	\$ \$	 # of	
		Group B:		i gallori	Ψ	containers	
		UP and UHT.	66 gallons (combination of ½ and 1 gallon sizes)	Fresh milk, nonfat	1 quart	\$	
	No favored milk such as chocolate or fruit	AND		½ gallon	\$		
	flavored No other non-dairy milks	24 quarts		1 gallon	\$	# of containers	
	No sweetened condensed milk	Must include at least				containers	
		nonfat/skim and whole milk varieties.	Calcium-fortified fresh milk	1 quart	\$		
				½ gal	\$	# of containers	
		Group C:	Protein-fortified fresh milk	1 quart	\$		
		132 gallons (combination		½ gal	\$	# of	
		of ½ and 1 gallon sizes)	A : 1 - 1 : 1		•	containers	
		AND	Acidophilus	1 quart ½ gal	\$ \$	# of	
		48 quarts		/2 yai	Ψ	containers	
		Must include at least	Buttermilk	1 quart	\$		
		nonfat/skim and whole milk varieties.		½ gal	\$	# of containers	
			Goat's Milk, fresh fluid	1 quart	\$		
				½ gal	\$	# of	
						containers	

Food Ite	n Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory	
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POWDERED MILK	8 qt boxes 3 qt. boxes	16 (quarts, nonfat/skim) Group A, B, and C: 9 (8qt) boxes	Lactose free or reduced fresh milk (nonfat) Please provide L	1 quart ½ gal EAST EXPENSE 8 qt box	\$ \$ SIVE Brand	# of containers
☐ Approved ☐ Denied		8 (½ gallons, nonfat/skim and whole milk varieties) AND 8 (quarts, nonfat/skim) Group C: 16 (½ gallons, nonfat/skim and whole milk varieties) AND	Lactose free or reduced fresh milk (lowfat)	1 quart ½ gal	\$ \$	# of containers
LACTOSE FREE OR REDUCED MILK* Exemption Requested State Office use:	Lactose free or reduced fresh milk Least expensive brand and largest size available No chocolate flavored Participants can purchase quart size only when specified on warrants.	Group A: 4 (½ gallons, nonfat/skim and whole milk varieties) AND 4 (quarts, nonfat/skim) Group B:	Lactose free or reduced fresh milk (whole)	1 quart ½ gal	\$ \$	# 0 containers

	Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory	
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EVAPORATED	12 oz size	Group A: 40 cans	Please provide LEAST EXPENSIV	E Brand		
MILK	Nonfat/skim and whole milk varieties	Must include nonfat/skim and whole milk varieties				
		Group B: 80 cans				
		Must include nonfat/skim and whole milk varieties	Evaporated milk (nonfat/skim)	12 oz	\$	# of cans
		Group C: 120 cans	Evaporated milk (whole)	12oz	\$	# of
		Must include nonfat/skim and whole milk varieties				cans
UHT MILK	1 qt sizes	Group A, B, and C:	Please provide I	LEAST EXPENS	IVE Brand	
	Nonfat/skim and whole milk varieties	32 quarts				
		Must include nonfat/skim and whole milk varieties	UHT milk (nonfat/skim)	1 qt	\$	# of containers
		*** If approved for a fresh milk exemption, you are required to stock 144 quarts of UHT(total)***	UHT milk (whole)	1 qt	\$	# of containers
PEANUT BUTTER	Any least expensive eligible brand All textures, smooth to extra crunchy	Group A: 12 jars				
30.11211	16 to 18 oz Low sodium, low sugar, natural allowed No Honey Nut roasted No organic	Group B: 24 jars	Peanut Butter	16-18oz	\$ (highest	# of
	No low fat or reduced fat No bulk or grind your own No added marshmallows, jelly, or honey. No peanut butter slices or tube.	Group C: 48 jars			price)	jars

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
SOY BEVERAGE* Exemption Requested	Soy beverage is different than milk and will be listed separately on warrants. Approved brands: Pacific Ultra Soy: Plain or vanilla flavored. Quart size, shelf-stable 8 th Continent: Plain only. Half gallon size only, refrigerated. No chocolate flavor, light, or fat-free	Group A: 24 qts Must include some quart sizes Group B: 36 qts	Pacific Ultra Soy beverage, shelf stable	1 qt	\$	# of containers
State Office use: Approved Denied		Must include some quart sizes Group C: 48 qts Must include some quart sizes	8 th Continent soy beverage, refrigerated	½ gal (2 quarts)	\$	# of containers
TOFU *	Approved brands:	Group A: 3 packages	Azumaya silken, lite skilken, and firm tofu	14 oz	\$	# of packages
☐ Exemption Requested		Group B: 6 packages	Nasoya silken and lite silken tofu	16 oz	\$	# of packages
State Office use:		Group C: 10 packages	Westsoy lowfat and firm tofu	16 oz	\$	# of packages
☐ Denied			Soga All Natural extra firm tofu	15 oz	\$	# of packages
			House premium silken, premium médium, Premium firm, and	14 oz	\$	# of

Premium extra firm

O Organics Firm Tofu

packages

packages

of

14 oz

\$

Food Item	Requirements	Quantities required to stock	Description	Size	Price	indicate current inventory
INFANT FORMULA *	Authorized WIC contract formulas	Group A: 32cans (12.9 oz) Similac Advance Early Shield –Powder,	Similac Advance Early Shield – Powder	12.9 oz	\$	# of
Requested	Minimum stock requirement includes cans in backroom/storage as well.	12 cans (12.9 oz) Similac Isomil Advance – Powder, and	Circiles Issuell Advance Boundary			<i>u - t</i>
State Office use:	If number of cans on shelf is less than the minimum stock required, vendor must provide evidence of purchase at time of	12 cans (12.9 oz) Similac Sensitive - Powder	Similac Isomil Advance-Powder	12.9 oz	\$	# of cans
☐ Denied	monitoring.	Group B: 44 cans (12.9 oz) Similac Advance Early Shield –Powder,				
	IMPORTANT NOTE	22 cans (12.9 oz) Similac Isomil Advance – Powder, and	Similac Sensitive - Powder	12.9 oz	\$	# of cans
	Similac will have product changes beginning approx. in June 2010. The following names and sizes will change. This will not affect minimum stocking	20 cans (12.9 oz) Similac Sensitive - Powder				
	requirements or warrant redemption allotment.	Group C: 88 cans (12.9 oz) Similac Advance Early Shield –Powder,	Similac Advance Early Shield – Concentrate	13 oz	\$	# of cans
	Similac Advance (12.9oz can, powder) → Similac Advance (12.4oz can, powder)	58 cans (12.9 oz) Similac Isomil Advance – Powder,				
	Similac Sensitive (12.9oz can, powder) → Similac Sensitive (12.6oz can, powder) Similac Isomil Advance (12.9 oz can, powder) → Similac Sensitive Isomil Soy (12.4 oz can, powder) Similac Isomil Advance (13 fl oz concentrate) → Similac Sensitive Isomil Soy (13 fl oz concentrate)	42 cans (12.9 oz) Similac Sensitive – Powder,				
		120 cans Concentrate Similac Advance Early Shield,	Similac Isomil Advance - Concentrate	13 oz	\$	# of cans
		60 cans Concentrate Similac Sensitive, and				
	,	84 cans Concentrate Similac Isomil Advance				

Similac Sensitive - Concentrate

13 oz

\$

cans

Please

	Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory	
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INFANT CEREAL* Exemption Requested State Office use: Approved Denied	8 oz or 16 oz size Only approved brands listed No added fruit or formula No DHA/ARA added No organic No single servings No yogurt No high protein No organic Minimum stock levels are for all approved varieties	Group A: 6 (8 oz) boxes Can be a combination of varieties, but at least one variety must be Rice. Group B: 12 (8 oz) boxes Can be a combination of varieties, but at least one variety must be Rice. Group C: 24 (8 oz) boxes Can be a combination of varieties, but at least one variety must be Rice.	(Please circle) Beechnut, Nature's of Rice Cereal Oatmeal Cereal Mixed Cereal Barley Cereal	8 oz 16 oz 16 oz	s \$ \$ \$ \$ \$ \$ \$	nly
INFANT MEATS* Exemption Requested State Office use: Approved Denied	2.5 oz size Gerber "2 nd Foods" or Beechnut "Stage 1" Commercial infant food meat or poultry Single major ingredient with added broth or gravy No desserts or mixtures with cereal allowed No organic No DHA/ARA No dried, freeze-dried, frozen, banana puffs No dinners or combinations with fruits, vegetables, or starches	Group A: 36 (2.5 oz.) jars Group B: 72 (2.5 oz) jars Group C: 144 (2.5 oz) jars	(Gerber or Beechnut brands only) Beef with Beef Gravy or Broth Chicken with Chicken Gravy or Broth Turkey with Turkey Gravy or Broth Ham and Ham Gravy or Broth Veal and Veal Gravy or Broth Lamb and Lamb Gravy	2.5 oz	\$ (highest Price)	# of jars

Food Item Requirements Quantities required to stock	Description	Size	Price	Please indicate current inventory	
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INFANT FOODS (FRUITS AND VEGETABLES)* Approved brands: Gerber Beech Nut Nature's Goodness Parent's Choice Stages 2 and 3 - (4 oz or 6 oz size or 3.5 oz plastic containers) Sizes vary by stage and brand (4 oz, 6 oz or 3.5 oz 2-packs (net weight 7 oz)) Must be single ingredient of combinations of single ingredient (fruit and vegetable) baby food. Textures can range from strained through diced. Must stock 2 fruit varieties and 2 vegetable varieties Must stock 2 fruit varieties and 2 vegetable varieties Must stock 2 fruit varieties and 2 vegetable varieties Must stock 2 fruit varieties and 2 vegetable varieties Must stock 2 fruit varieties and 2 vegetable varieties Approved Brands: Gerber, Beechnut, Nature's Goodness, or Parent's Choice Fruit Varieties, (please list): example: pears, peaches, strawberry-banana # of containers Group B: 1024 oz. total Example: 256 (4 oz) jars or 171 (6 oz) jars or 147 2(3.5 oz.) plastic containers # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties # or unit die varieties and 2 vegetable varieties # or unit die varieties # or unit die varietie
No desserts No mixtures with rice, milk, or cereal allowed No organic No DHA/ARA No added sugars, starches, and salt. No dried, freeze-dried, frozen, banana puffs No dinners No starches No starches No starches No starches No starches No starches No starches No starches No starches No starches No starches No starches Group C: 2048 oz. total Example: 512 (4 oz.) jars or 342 (6 oz) jars or 342 (6 oz) jars or 292 2(3.5 oz.) plastic containers Vegetable Varieties (please list): example: butternut squash, green beans, peas & carrots Vegetable Varieties (please list): example: butternut squash, green beans, peas & carrots TOTAL INVENTORY =

	Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory	
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WHOLE GRAIN BREAD, BUNS,	10-32 oz as listed on WIC warrants. Only authorized brands/products as listed	Group A: 12 packages Must include a 14-16 oz.	Oroweat 100% WW Buns	10 oz	\$ # o packages
AND ROLLS	on the right. ww= whole wheat	variety	Oroweat Sandwich Thins, Multi- Grain	12 oz	\$
	Not allowed: diet, light, or gluten-free	Group B: 24 packages	Fred Meyer 100% WW Hamburger Rolls	14 oz	\$
		Must include a 14-16 oz. variety	Oroweat 100% WW Dinner Rolls	14 oz	\$
			Oroweat 100% WW Hot Dog Buns	14 oz	\$
		Group C: 48 packages	Roman Meal 100% WW Bread	16 oz	\$
		Must include a 14-16 oz. variety	Fred Meyer 100% WW Bread	16 oz	\$
			Rubschlager 100% WW Bread	16 oz	\$
			Rubschlager European Style Whole Grain bread	16 oz	\$
			Earl of Sandwich 100% WW Bread	16 oz	\$
			Franz 100% WW Bread	16 oz	\$
			Grain Basket 14 Grain Harvest Bread	16 oz	\$
			Sara Lee 100% WW Hamburger Buns with Calcium and Vitamin D	16 oz	\$
			Sara Lee 100% WW Hot Dog Buns with Calcium and Vitamin D	16 oz	\$
			Sara Lee 100% WW Mini Buns with Calcium and Vitamin D	16 oz	\$
			Sara Lee Classic 100% WW Bakery Bread	16 oz	\$

Food Item	Requirements	Quantities required to stock	Description	Size	Price	indicate current inventory
			Country Oven 100% WW Dinner Rolls	18 oz	\$	
WHOLE WHEAT	For requirements, please see page 17.	For stocking requirements, please see page 17.	Nature's Pride 100% WW Bread	20 oz	\$	# of loaves
BREAD, BUNS, AND ROLLS			Safeway 100% WW Dinner Rolls	20 oz	\$	
continued			Sara Lee Soft and Smooth 100% WW Bread	20 oz	\$	
			Oroweat 100% WW Hamburger Buns	21 oz	\$	
			Safeway 100% WW Bread	22 oz	\$	
			Nature's Pride 100% WW Bread	24 oz	\$	
			Great Value 100% WW Bread	24 oz	\$	
			Wonder Stone ground 100% WW Bread	24 oz	\$	
			Kroger Country Oven Sandwich Bread 100%, WW	24 oz	\$	
			Cascade Pride 100% Stone Ground Wheat bread	24 oz	\$	
			Alaska Golden Pride 100% WW Bread	24 oz	\$	
			Franz 100% WW Bread	24 oz	\$	
			Sara Lee 100% WW Bread w/ Honey	24 oz	\$	
			Oroweat 100% WW Bread	24 oz	\$	
			Sara Lee Hearty and Delish 100% WW Bread	24 oz	\$	
			Franz Oregon Trail 100% WW Bread	26 oz	\$	

Please

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
WHOLE GRAIN TORTILLA	TORTILLAS: Up to 16 oz, soft only	May stock a combination of tortillas and/or rice.	Don Pancho Whole Wheat Tortillas	16 oz	\$	# of packages
and BROWN RICE	Approved brands: • Don Pancho	Group A: 8 (14-16 oz packages)	La Burrita Whole Wheat Tortillas	16 oz	\$	# of packages
	La BurritaMissionReser's	Group B: 16 (14-16 oz	Mission Multi-Grain Wraps	15 oz	\$	# of packages
 Guerrero Taco Loco (Corn only) Whole wheat tortillas' package must say "Whole Wheat" or "100% Whole Wheat" on label. Soft corn tortillas may be white or yellow corn. BROWN RICE: Any brand, plain brown rice in boxes or bags. May be instant, quick, or regular cooking, long or short grain. No fats, oils, sodium, or sugars. No bulk. 	Guerrero Taco Loco (Corn only)	packages)	Reser's Whole Wheat Tortillas	16 oz	\$	# of packages
	"Whole Wheat" or "100% Whole Wheat" on	Group C: 32 (14-16 oz packages)	Guerrero Whole Wheat Flour Tortillas	16 oz	\$	# of packages
	_		Don Pancho Corn Tortillas	16 oz	\$	# of packages
		La Burrita Corn Tortillas	16 oz	\$	# of packages	
	May be instant, quick, or regular cooking, long or short grain.		Mission Corn Tortillas	16 oz	\$	# of packages
		Reser's Corn Tortillas	16 oz	\$	# of packages	
			Guerrero White Corn Tortillas	16 oz	\$	# of packages
			Taco Loco Corn Tortillas	10 oz	\$	# of packages
			Regular Brown Rice	16 oz	\$	# of

packages

packages

packages

_ # of

_ # of

\$

\$

16 oz

16 oz

Quick Brown Rice

Instant Brown Rice

inventory

			T T	
FRUITS AND VEGETABLES	Fresh, canned, or frozen	Must stock at least two varieties of fruits and	Fruit Varieties	TOTAL ESTIMATED
VEGETABLES	Allowed:	two varieties of	(list at least 2):	VALUE OF STOCK
	Any eligible brand/variety and container size or type	vegetables		
	 Bagged salads and vegetables 	Group A: \$100		\$
	 Fruits/vegetables precut/cleaned and packaged in store for individual use. 	Can meet requirement by solely stocking allowable		
	Fruit or vegetable mixtures, whole or	frozen or canned fruits or		
	cut Organic	vegetables. Encouraged to have as much fresh		
	Artificial sweetener or flavors	produce as possible.		
	enhanced with herbsSpaghetti sauce and salsa allowed if	Group B: \$200	Vegetable Varieties	
	no added meat, sugar, fats, or oils.	Must stock ≥\$100 of	(list at least 2):	
	Not Allowed:	allowable fresh fruits and vegetables	(
	No dried fruits or vegetablesNo fruit leathers or fruit rollups	Group C: ≥ \$400		
	No cut fruits and vegetables from	Must stock >\$275 of fresh		\$
	salad bars or party plattersNo varieties of white potatoes or	allowable fruits and vegetables.		
	products i.e. red, gold, purple, etc.	vegetables.		
	and no product that has white potato in it (Yams and sweet potatoes are			
	allowed)			
	No edible blossoms and flowers, e.g. squash blossoms (but broccoli,			
	cauliflower and artichokes are			
	allowed) No juice or soup			
	No creamed or sauced vegetables.			
	No catsup or other condiments, pickled vegetables, olives, pizza			
	sauce, etc.			
	No herbs or spices; vegetable-grain (pasta or rice) mixtures; fruit-nut			
	mixtures; breaded vegetables;			
	ornamental and decorative fruits and vegetables such as chili peppers on a			
	string, garlic on a string, gourds,			
	painted pumpkins, fruit baskets and			

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
FRUITS AND VEGETABLES continued	items such as blueberry muffins and other baked goods. Frozen Fruits and Vegetables: No added fats, oils, sugars, syrups or salt Any fruit or vegetable mixture is allowed Any kind of beans such as green beans, wax beans, black-eyed peas, black beans, or pinto beans Canned Fruits and Vegetables: Regular or low sodium Minimum sugar added for processing allowed Any plain fruit or fruit mixture may be juice or water-packed without added sugars, syrup, fats, oils, or salt (Unsweetened or no sugar added applesauce only) No added fats, oils, or meat No canned legumes – legumes separately specified on warrant					